

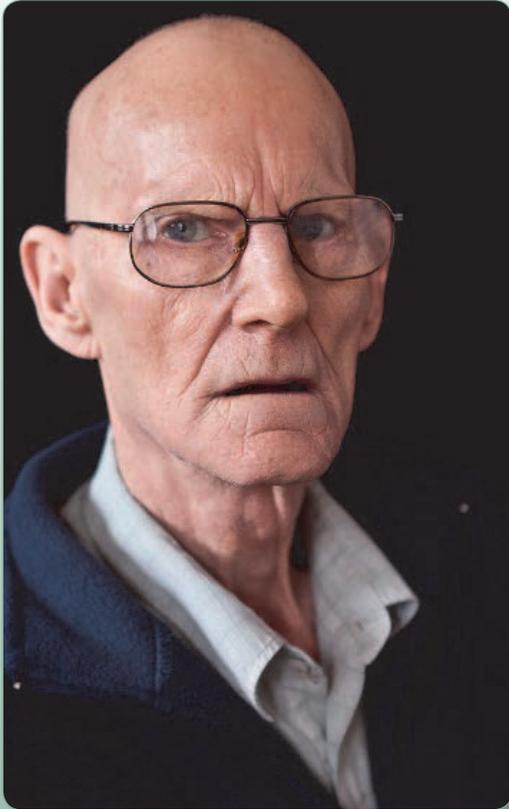
Cambridge Cyrenians

Annual Review

2015/2016



Our Mission and Values



Our mission is to serve those who are homeless or vulnerable to homelessness and to make a positive difference to the quality of their lives.

We will do this by being flexible and innovative in response to the changing needs of homeless people whilst accepting responsibility and being accountable to our service users for our actions.

“I would like to thank you and your organisation, for all the support and assurance that has been given to my son. You have always been there for him and offered guidance and help when needed. He has matured far more than I ever dared to hope. Much of this has been brought about with the care and support he has received from your organisation. Thanks again.”

Resident's mother

Chair's Report

This year saw the opening of our first accommodation solely for women. All our other houses welcome both men and women but historically we have housed far more men, often with just one woman sharing with seven men. However over the last two years the number of women being referred has increased significantly and as a percentage has risen from an average of 5% to 20% of all residents. This is a sharp and worrying rise.

In response Cyrenians opened a five bed house for women in July. It is early days, but this project seems to be working well and, with other houses now accommodating more women than men, we may look to open a new women only project in the near future.

Later on in this Review you will be able to read about the expansion of our Meaningful Occupation project, made possible by a grant from the Lloyds Bank Foundation. This project has really helped to boost the numbers of residents in work or otherwise actively engaged in daytime activities. It's a credit to all those involved.

The one area that still needs urgent attention is support for all those with mental health issues. Cyrenians is working hard to secure the funds to provide the support that is so desperately needed and hopefully I will be able to report good news on that front next year.

The prospect is for another busy year ahead of us, but I would just like to take the time to thank the Board for all their support, to offer my thanks to Ailsa Lyons, who stood down this year and welcome Harriet Truscott, who joined the Board in May. Thanks also to the dedicated group of staff and volunteers who work so hard to ensure we can support as many of those in need as possible.

Raith Overhill Chair of Trustees



Allotment Project

Cambridge Cyrenians Allotment Project spans five plots at its location just off Newmarket Road and offers social and therapeutic horticulture to participants.

During the year the project had 34 regular attendees – not just from Cyrenians accommodation, but also others referred from local homeless services, the Mental Health locality teams and even the Job Centre. Although the numbers attending vary enormously throughout the year, there is an average of 8 attendees each day and even in the depths of winter there is often a good turnout.



This year the team have been involved in the usual vegetable and fruit growing, from sowing seed to harvesting crops, and have introduced a 'No-Dig' system of permaculture to the vegetable plots. A local horse owner provides a source of free manure, which we have been enriching the soil with. The team have also been involved in regular pop-up produce stalls, in sites around Cambridge city, selling our harvested crops to the public.



The team have worked with several partners this year. Early on we were joined by Cambridge (University) Homeless Outreach Project (CHOP) students, who helped to build a new raised bed area. In September we worked with local community artist Jill Eastland to design and build a piece of permanent artwork for our site. We have since planted up the area around it with wildflower seeds donated by Kew Gardens 'Grow Wild' project. Then, from

October to December, we worked with Cambridge University Architecture Department first year students who designed and built 6 unique, permanent structures with us as their first year project, which generated lots of local press interest.

And if that is not enough, yet more of the regular members enrolled in our evidence based horticulture training course, specifically written for the project. They should take up to a year to complete all six units of the course.

Meaningful Occupation

With funding from the Lloyds Bank Foundation, Cyrenians has been able to employ two Meaningful Occupation Workers. The post holders help residents to access paid employment, training, volunteering or other creative activities in order to help them build their skills and self-confidence. During the year, they worked with over 40 residents. Participants were helped to access not only jobs, but a wide range of volunteering opportunities, including with: City Rangers, who look after the local parks and open spaces; Food4Food, which is a catering social enterprise; and the Blue Cross, where participants help with the animals in their care. Others were helped to access; Cambridge Women's Resource Centre, which offers a wide range of activities, and four residents have also been assisted in completing their Construction Skills Certificates, helping them to gain employment in the construction industry. Munia is one of the residents supported during the year:



'I arrived in Cambridge from London in 2014, to study a teaching qualification at Cambridge Regional College. My intention (was) to pass the teaching qualification and then to teach at a language school, helping students to improve their basic English.

'My plans were completely destroyed, due to severe depression, (which lead to my) inability to pass my course and extreme debt. I was now unemployed, in serious debt and was experiencing suicidal thoughts. Cambridge Cyrenians were superb, you were all extremely understanding, helpful and managed to find me a room. I have since moved to (the new women-only accommodation) and I can honestly say, that you all have provided me with the lifeline that I needed.

'Cambridge Cyrenians also provided me with a (Meaningful Occupation) Worker to help me gain the confidence that is required to achieve some small goals in life. I have begun attending an art class and am now seeking counselling through the NHS. I feel optimistic now that I can recover from my illness. I am so grateful to the Cyrenians for believing in me and supporting me through an extremely difficult period in my life. Many thanks and kindest regards,' *Munia*

Summary of Accounts

Income and Expenditure Account for the year ended 31st March 2016

	2014/15	2015/16
Incoming Resources:	£	£
Donations	23,580	28,198
Grants from Trusts	18,767	33,458
Local Government Grants	15,072	14,361
Sundry Income	405	1,060
Investment Income	4,200	2,746
Net rental income of housing projects	451,147	496,640
Housing Related Support income	171,235	171,235
Total Incoming Resources	684,406	747,698

Resources expended:	£	£
Cost of generating funds	32,466	4,757
Charitable activities	657,247	697,965
Total Resources expended	689,713	702,722

Net surplus / (deficit)	(5,307)	44,975
Total funds brought forward	346,092	340,785

Total funds carried forward	340,785	385,760
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Balance Sheet at 31st March

	2014/15	2015/16
	£	£
Fixed Assets	27,506	34,885
Net Current Assets	313,279	350,875
Total Assets Less Current Liabilities	340,785	385,760

Represented by:		
Restricted Reserves:	24,960	34,490
Unrestricted Reserves:	315,825	351,270
Total Capital and Reserves	340,785	385,760

Notes to the Accounts

These accounts are a summary of the full accounts, a copy of which is available on request from the main office. These accounts do not contain additional information as derived from the Trustees' Report. The full accounts have been audited and the audit report was not qualified and contained no adverse statements regarding accounting records, obtaining necessary information or inconsistencies with the Trustees' Report.

We have examined the summary financial statements of Cambridge Cyrenians, which comprise of the summary Income and Expenditure Account and summary Balance Sheet.

Respective responsibilities of Trustees and auditors

The Trustees are responsible for preparing the summary financial statement in accordance with applicable United Kingdom law. Our responsibility is to report to you our opinion on the consistency of the summary financial statement within the full annual financial statements and its compliance with the relevant requirements of section 427 of the Companies Act 2006 and the regulations made thereunder. We conducted our work in accordance with Bulletin 2008/3 issued by the Auditing Practices Board. Our report on the charity's full annual financial statements describes the scope of our audit opinion on those financial statements.

Opinion

In our opinion the summary financial statement is consistent with the full financial statements of Cambridge Cyrenians for the year ended 31 March 2015, and complies with the applicable requirements of section 427 of the Companies Act 2006 and regulations made thereunder.

Prentis & Co LLP Chartered Accountants and Statutory Auditors, 115c Milton Road, Cambridge CB4 1XE Date: 15th September 2016

Volunteers

Our full-time volunteers come to us from all over the world and stay for 12 months. The volunteers live in one of three houses and, after an intensive induction and training, they assist the staff team in supporting the residents in their house. Sometimes this is very practical assistance: helping residents complete forms, attend activities, or simply being there as a listening friend. Many go on to take up paid employment in a similar role, or to study social work at university. When the volunteers leave we ask for feedback on what they got out of the experience personally:



Keumbi answered:

I feel I am much stronger emotionally now, and I don't take things personally. I get involved with things, but not so much emotionally anymore.

Marek answered:

My personality has changed a lot. When I went back to Germany, my friends told me I am much more 'open' now and not so shy anymore. I also feel that I have changed in a very positive way, and I thank the Cyrenians for that.

Ronja said:

I have always shielded myself away from confrontational situations and have never been that authoritative previously as I became here. Initially I was afraid of any type of conflict, but now I understand that you are not able to ignore it. I also feel that I am now able to live independently, because this was my first real time away from home for any length of time.

Cambridge Cyrenians would like to thank all Trustees, staff, full and part-time, and volunteers for their hard work during the year.

Board of Trustees

Sarah Coates	
Jane Dawe	
Ailsa Lyons	(until Nov 2015)
Jonathan Manning	
Raith Overhill	Chair
Richard Robertson	Treasurer
Nicola Scrivings	
Sandra Thompson	
Harriet Truscott	(from May 2015)

Staff Team

Min- Hui Bird	Finance Manager
Alison Cooper	Project Worker
Emma Harrison	Project Worker (until Apr 2015)
Brian Holman	Manager
Emma Hooton	Supported Accommodation Manager
Rikke Jensen	Senior Project Worker
Pal Jerkenstam	Project Worker (from Apr 2015)
Elaine Mangeh	Project Worker (from April 2015)
Ruth Nicholls	Project Co-ordinator
Val Oliver	Older Homeless Project Co-ordinator
Marina Pallares Elias	Meaningful Occupation Worker (from Aug 2015)
Rachel Savage	Project Worker
Sheila Smith	Administrator
Jean Stanley	Project Manager
Alan Warner	Project Worker

Cambridge Cyrenians

Cambridge Cyrenians would like to thank all Trustees, staff, full and part-time, and volunteers for their hard work during the year.

Volunteers

Chiara Kramer, Catherine Osborne, Martin Randak,
Mary Meawad, Jess Mower, Keumbi Jang, Ronja Kunz,
Marek Schawel, Sarah-Maria Kochanek, Nicole Veliz Burgos,
Adam El Kassimi, Fred Bbosa

Auditors

Prentis & Co. LLP
Chartered Accountants and Statutory Auditors
115c Milton Road, Cambridge CB4 1SF

Bankers

The Co-operative Bank plc

Partner Landlords

King Street Housing
Cambridge City Council
Dawe Charitable Trust
Metropolitan Housing Trust



***Cambridge Cyrenians gratefully acknowledges and thanks
the following organisations for their support:***

Cambridge City Council

Cambridgeshire County Council

South Cambridgeshire District Council

The Tudor Trust

Lloyds Bank Foundation

The Garfield Weston Foundation

The Talisman Trust

Good Gifts Catalogue

The Oley Trust

29th May 1961 Charitable Trust

Clark Bradbury Charitable Trust

The Albert Hunt Trust

Help the Homeless

The Beatrice Laing Trust

Cambridge Community Foundation

The estate of David Scott



INVESTORS
IN PEOPLE



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Company Number 992199

Front cover thanks to Sam Motherwell



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